

# Índice

- 1 Using this booklet
- 2 HIV vulnerability: What do you see in the mirror?
- 3 Here are some ways to think about HIV vulnerability and HIV risk
- 6 What is PrEP and how can it help?
- 7 What is Truvada? How does it fight HIV?
- 8 How well does Truvada prevent HIV?
- 10 PrEP is not for everyone
- 10 Things to know before starting
- 11 What are the potential side effects?
- 12 What are other risks to taking PrEP?
- 14 What tests will you get before starting?
- 14 What tests will you get while on PrEP?
- 15 Think about who should and shouldn't know that you are taking PrEP
- 16 If you take PrEP, do you still have to use condoms?
- 17 If you're trying to get pregnant ...
- 19 PrEP requires a team approach
- 20 How do you get PrEP and how much will it cost?
- 21 Internet resources that may help