

# CONTENTS

<b>1. Introduction</b>	5
<b>2. Health and sexuality</b>	6
2.1. Health is a global interest	6
2.2. Reproductive health	6
2.3. Sexual health	7
<b>3. Sex, gender and sexuality</b>	8
3.1. Sex and gender	8
3.2. Sexuality	11
<b>4. The human body and sexuality</b>	15
4.1. Femal reproductive system or apparatus	16
4.2. Male reproductive system	19
<b>5. Reproduction</b>	22
<b>6. Contraceptive methods</b>	24
<b>7. Voluntary termination of pregnancy</b>	38
<b>8. Sex, sexuality and sexual relations</b>	42
<b>9. Infections and sexually transmitted diseases</b>	47
<b>10. Pleasure</b>	51
<b>11. Communications and sexuality</b>	64
<b>12. Equality versus violence</b>	66
<b>13. Resources, services and procedures</b>	70
13.1. General services available to you	70
13.2. Health servicies available you	72
13.3. Administrative procedures necessary to access these services.	75
13.4. Sexual counselling and guidance services for immigrants.	78