



STIs

SEXUALLY

TRANSMITTED

INFECTIONS



WHAT ARE THEY? They are infections caused by bacteria, virus, fungus or parasites • Most people don't experience any symptoms, so they are unaware they are infected • Only a doctor can detect the infection and therefore give the appropriate treatment • HIV makes it more difficult to cure STIs • If you have an STI you are more at risk of getting infected by the HIV virus or to infect someone else with it • STIs makes it more difficult to fight HIV • HIV patients are more vulnerable to Syphilis, Gonorrhoea and Chlamydia and these infections can weaken your immune system.

WHAT CAN YOU DO TO PREVENT THEM? Using condoms • Having fewer partners • Being checked for STIs • Letting your partner or sexual partners know that you have been diagnosed with an STI • Having safer sex or avoiding sex whilst in treatment.

At **STOP SIDA** you can find a place where you can openly talk about different strategies in prevention and discuss how to deal with your needs. You can also get help and information to enter the Catalan Health System.

Consell de Cent, 246, 1^a-2^o ♦ Universitat (L1 - L2)
Tel. 93 452 24 35 · www.stopsida.org
Queries: info@stopsida.org

- > Quick test for HIV and Syphilis (anonymous, confidential, free) .
- > Psychosocial attention. Employment guidance. Sexual Health tuition.

STI	CURE?	TREATMENT	VACCINE	SEXUAL TRANSMISSION	SEXUAL PRACTICES most risky*	
BACTERIUM	SYPHILIS	YES	Antibiotic	NO	Chancre o infected skin/mucous	P OS R ST
	GONORRHOEA	YES	Antibiotic	NO	Secretions from penis, vagina, anus &/o throat	P OS R ST
	CHLAMYDIA/ LGV	YES	Antibiotic	NO	Secretions from anus o penis/vagina	P FF ST
VIRAL	HEPATITIS A	YES > Yes in acute infection	-----	YES	Oral contact with faeces	R
	HEPATITIS B	Yes in acute infection Variable in chronic infection	Antivirals	YES	Blood, semen and vaginal fluid	P OS R
	HEPATITIS C	Yes in acute infection Variable in chronic infection	Antivirals	NO	Blood	P FF ST
	VPH	Disappearance or intermittent latency	Symptoms only (wart removal)	NO	Skin/infected mucous and warts	P OS R
	VHS	NO > Intermittent latency	Symptoms only (blisters)	NO	Lesions and infected skin/mucous Secretions of the anus, penis and vagina	P OS

*SEXUAL PRACTICES **P** penetration anal/vaginal **OS** oral sex **R** rimming **FF** fist fucking **ST** interchanging of sex toys